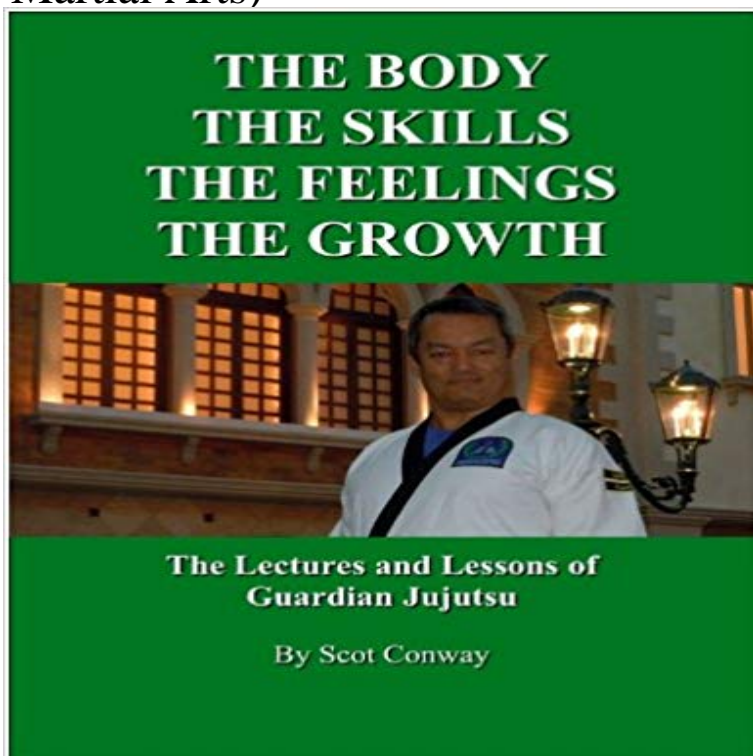


The Body, The Skills, The Feelings, The Growth: The Lectures and Lessons of Guardian Jujutsu (Lectures and Lessons of the Guardian Martial Arts)



Written specifically for Guardian Jujutsu students, the 162 lessons contained in this book will greatly benefit any martial artist or those interested in the arts. More importantly, it contains many of the lessons that went on to become some of Dr. Conways other books - and many lessons you wont find anywhere else. Guardian Jujutsu is one of the Guardian Martial Arts.

This book, as the title says, contains the 162 lectures and lessons found in Guardian Karate. Purchasers of the book can also receive a the same lessons in audio format through a link found in the manuscript. All Guardian Black Belt Candidates must summarize these lessons as part of their Black Belt exam. The Lessons and Lectures series of books from the Guardian Quest Martial Arts mostly cover life lessons, martial arts principles, and insight. Much of the material in these lessons was expanded to Dr. Conways other books and programs. It all started here, in simple 4-7 minute talks, 162 each in Karate, Jujutsu, and Kobujutsu. These 486 lessons across all three programs have very little overlap. The lessons are short. Small sections teach key points. For personal reading, a single lesson might take just a few minutes to read and the truly deep ones can take years to fully explore. You will find the character lesson based on the Bibles definition of Agape Love (the famous Love Passage in 1 Corinthians 13:4-8) became a 24 lesson course called Truly Unconditional Love. His lessons on the Language of Emotions became his book Emotional IQ and his teaching series Emotional Genius. His lessons on Forgiveness and Embrace, Elevate, Expand became his program sets Pure Power 101 and Pure Power 202. Parts of these lessons are found in several of his books, too, including Freedom Found and Above It All. Many of his lessons have been published in the books of others and in various journals and magazines.

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